

Beyond the Current Paradigm.

A Series of Practical, Practice Based Workshops Provided by the UK Critical Psychiatry Network.

University of Nottingham, April 15th 2013.

The day is intended as an opportunity for practicing UK psychiatrists to discuss and reflect upon the implications of uncertainties in the evidence base for current practices and growing respect for the value of service users' contributions to our understanding of mental health difficulties. These issues were recently highlighted in a British Journal Psychiatry article authored by members of the UK Critical Psychiatry Network, entitled *Psychiatry Beyond the Current Paradigm*.

Provisional programme.

- 9.30 – 10.00 Opening: *Encouraging Changes in Practice*. Professor Peter Tyrer.
- 10.00 – 11.00 Workshop: *Rethinking psychiatric drugs*. Joanna Moncrieff.
- 11.00 – 11.30 Break
- 11.30 – 12.30 Workshop: *Relationships come first – an open conversation*.
Rex Haigh and Experts by Experience.
- 12.30 – 1.30 Lunch
- 1.30 – 2.30 Workshop A: *How to Build Services that Maximise the Chances
of a Positive Outcome*. Sami Timimi.
- Workshop B: *Cutting the Traumatic Roots of Psychosis*. Bob Johnson and
 Andy.
- 2.30 – 3.30 Workshop A: *The Psychiatrist's Role in the Recovery Movement*.
 Simon Mullins.
- Workshop B: *Clinical Psychiatry as Narrative*. Phil Thomas.
- 3.30 – 3.45 Break
- 3.45 – 5.15 *Dealing with Coercion in Clinical Practice, and wider discussion*. Hugh
 Middleton and others.

Workshops will be conducted in as participatory a manner as possible.

The event will take place in the Law and Social Sciences Building, University of Nottingham Main Campus. We will ask for a contribution of £30 to cover catering. Parking can be available by prior arrangement. Overnight accommodation in the University's new campus hotel is available, currently at a cost of £55. There will be a pre-meeting dinner in the campus hotel on Sunday April 14th.

Contact: hugh.middleton@nottingham.ac.uk