

## National Paranoia Network 10th Anniversary Conference

Paranoia:
What do we know about it and
How?

Date: Saturday 7th June 2014

Venue: The Mechanics Centre Ltd,

103 Princess Street, (Major St Entrance)

Manchester, M1 6DD

Time: 9:30 – 16:30

The Reality and Impact of Paranoia: The Ten Year Anniversary

Modern living and lifestyles in the 21<sup>st</sup> century have ensured that paranoia has become established as a common phenomenon. It has become far more common than medical explanations alone can explain especially when CCTV cameras, media coverage and perceived threats can contribute towards fears that can lead to paranoia. One in four of us frequently have paranoid thoughts and these can escalate causing mental health distress.

This event is intended to be a stimulating and thought provoking ten-year anniversary conference to examine Paranoia.

Peter Bullimore and Professor John Read will lead the event alongside several international renowned speakers and people with lived experience of extreme paranoia. All of these are keen to share their knowledge and expertise on paranoia.

It promises to be a celebration of knowledge and ideas and a festival of explanations to demystify paranoia

## Content

The role of diagnosis versus human experience
Explanations and understandings of paranoia
Ways to help someone who experiences paranoia
Comparison of traditional hold views on paranoia and contemporary person

Comparison of traditional held views on paranoia and contemporary perspectives of paranoia

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